

The 
GENEROUS HEART PLAYshop

SAMPLE OF PLAY AND SERVICE THEMES Continued



VULNERABILITY — Are you a hula hoop master? When life leaves us feeling there's a hoop tangled at our ankles, can we get our shimmy back on? It's a universal doubt. Kid patients get a chance to see adults be silly, asking an over-sized llama if he likes their pajamas, with a hula hoop contest to boot! Align with others by taking on different roles.



BECOMING COMMUNITY HEROES: [INCLUDED IN ALL SESSIONS]

Now that we are all warmed up and have strengthened our PLAY muscle, it's time to put that power to use. Participants received a chance to shift perspective and gain more self-awareness, now it's time to focus that awareness on others and ways in which we can make positive change in the world. From constructing actual superhero capes for kids to wear during chemo treatments to making play toys for pets in shelters awaiting their forever home — we care. Kapow!



Kala Shah
President, Community Heroes
comheroes.org

We shift culture from "ME" to "WE" by making community service easy and fun, creating an ever-growing community of compassionate heroes. We inspire action through kindness and compassion.



Lisa Batchelder
CEO, Coddiwomple Queen
coddiqueen.com

We create space and play so the heart can brave what often feels insurmountable in order to live in a way in which villains and saints need not apply, being human is plenty.

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LOGISTICS:

IN-HOUSE 2-3 HOUR “PLAYshop”

Whether a group of board members, medical staff, families, patients or all of the above, THE GENEROUS HEART PLAYshop is about community coming together in real time PLAY & SERVICE. You provide the community — we provide the facilitation, fun, and fresh perspective. And yes, adults, play too, and psst ... love it!

ADDITIONAL RESOURCES

As a participant take away & resource for continued play & awareness, especially in times of change, the Coddiwomple Queen Journal, Kid’s Journal, or Coddi Cues curiosity prompts are also available. Learn more about these PLAY brand products at coddiqueen.com.

COMMUNITY HEROES

Curriculum designed to make community service EASY and FUN for the whole family or organization is also available upon request. Along with details/resources to throw a **Community Heroes Day of Giving** in your own community — comheroes.org.

LET’S TALK!

In order to customize, price, and facilitate a PLAYshop for your group, the next step is to set up a call. We look forward to learning more about your organization and their unique needs. Please call or drop us a line!

TO LEARN MORE and FURTHER THE CONVERSATION:

Contact either or both of us below.
All the best,

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**WHAT DO WE LIVE FOR, IF NOT TO MAKE
LIFE LESS DIFFICULT FOR ONE ANOTHER.**

- George Elliot